

Prayer of Abandonment written by Blessed Charles de Foucauld

The Blessed Charles de Foucauld, is the author of the following prayer of abandonment. He worked as a gardener in Jesus' hometown of Nazareth, where he heard the call to establish a new way of religious life, the [*Little Brothers and Sisters of Jesus*](#).

The prayer is one of the most beautiful prayers of faith, trust and surrender in the Christian spiritual heritage. It should be prayed often and shared with others.

*“Father,
I abandon myself into your hands; do with me what you will.
Whatever you may do, I thank you:
I am ready for all, I accept all.
Let only your will be done in me, and in all your creatures.
I wish no more than this, O lord.*

*Into your hands I commend my soul;
I offer it to you
with all the love of my heart,
for I love you, Lord,
and so need to give myself,
to surrender myself into your hands,
without reserve,
and with boundless confidence,
for you are my Father.”*

—Blessed Charles de Foucauld