



Things to Ponder

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Liturgy – (...Every life creates a “ripple effect” in the pond of life...)

Dear Parish Family,

When someone we know and love dies, we often learn more about how that person's life affected other people. Do you have any idea, what difference you make now in the lives of those with whom you live and work? Philosophers have long extolled the virtue of examining one's life. Our culture champions the model of one who is always busy and constantly "multi-tasking." The Word of God asks us to slow down and reflect on the effect we have on one another.

A simple examination of conscience would consist in a reflection on my relationships with God, my neighbor, and myself. When and how often do I actually spend time in prayer? Is there someone whom I am neglecting who really needs my attention? Do I eat properly, exercise regularly, and get an adequate amount of rest? This introspective exercise might indeed be humbling as it reveals the positive effect I have had on the life of another person.

Every life creates a "ripple effect" in the pond of life. Every now and then, it is helpful to reflect on the waves that we create!

Sincerely Yours in Christ,

Rev. Bill Foley

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