



## Things to Ponder

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### Is There Something You Want?

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*By Judi Moreo*

What is your dream? What do you want? Perhaps a new car? Imagine every detail of that car. Will it be a family car or a sports car? Four doors or two? What color would you like? How much horsepower will it have? What will the interior be like? Will the seats be leather or cloth? It's time to visit a car dealership and look at cars that are for sale. Take a demonstration drive and imagine how you will feel driving that car when you own it!

Perhaps you are looking for a mate? What kind of personality will he or she have? What values will he or she have? What interests will he or she have? How will he or she treat you?

Maybe you want a great new job? What would you like to do? What hours would you like to work? Will you wear a uniform or street clothes? What kind of boss will you have, if any?

You will come a lot closer to getting what you want if you know exactly what you want, rather than just having a vague idea or hoping to get something good.

Many people use their imaginations in the opposite way. Unsuccessful people are usually unmotivated and unexcited about where they are going. It doesn't really matter what happens; their minds are conjuring up all the things that can go wrong, won't happen, or will disappoint them. "Oh, I could never own a car like this." "I'll never find a person that's right for me." "I'm just not qualified enough" or "I don't have the right education to get the job." These people tend to be more passive about things as they are, rather than being excited about things as they can be.

Don't be like these negative people! Get rid of your mental limitations. You can do it simply by imagining and focusing on what it is that you DO want, instead of what you DON'T want. Whatever you focus on is what you get. So, if you focus on what you don't want, you'll get that just as surely as if you focus on what you do want.

(Excerpt from Judi Moreo's Tidbits)

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