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### SEPTEMBER

This month's quotes are all about "*FEAR*." I hope you will find these quotes inspirational.

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"Never fear death; because when you are faced with it nothing else matters in the whole wide world, except that important moment—that singular moment when you are faced with the expectation of closing a chapter of your life and opening another—both of which are totally out of your control."

—[Felicita "Terry" Robinson](#)

"Remember your dreams and fight for them. You must know what you want from life. There is just one thing that makes your dream become impossible: the fear of failure."

—Paulo Coelho

"I've learned that fear limits you and your vision. It serves as blinders to what may be just a few steps down the road for you. The journey is valuable, but believing in your talents, your abilities, and your self-worth can empower you to walk down an even brighter path. Transforming fear into freedom—how great is that?"

—Soledad O'Brien



"I am not afraid of tomorrow, for I have seen yesterday and I love today."

—William Allen White

"Fear is only as deep as the mind allows."

—Japanese Proverb

"The only thing we have to fear is fear itself."

—Franklin D. Roosevelt



“The truth is that there is no actual stress or anxiety in the world; it’s your thoughts that “You can discover what your enemy fears most by observing the means he uses to frighten you.”

—Eric Hoffer

“Do the thing you fear to do and keep on doing it...that is the quickest and surest way ever yet discovered to conquer fear.”

—Dale Carnegie

“Keep your fears to yourself but share your courage with others.”

—Robert Louis Stevenson

How can a person deal with anxiety? You might try what one fellow did. He worried so much that he decided to hire someone to do his worrying for him. He found a man who agreed to be his hired worrier for a salary of \$200,000 per year. After the man accepted the job, his first question to his boss was, “Where are you going to get \$200,000 per year?” To which the man responded, “That’s your worry.”

—Max Lucado



“I don’t fear death so much as I fear its prologues: loneliness, decrepitude, pain, debilitation, depression, senility. After a few years of those, I imagine death presents like a holiday at the beach.”

—Mary Roach

“Expose yourself to your deepest fear; after that, fear has no power, and the fear of freedom shrinks and vanishes. You are free.”

—Jim Morrison

“I learned that courage was not the absence of fear, but the triumph over it. The brave man is not he who does not feel afraid, but he who conquers that fear.”

—Nelson Mandela

“The fear of death follows from the fear of life. A man who lives fully is prepared to die at any time.”

—Mark Twain