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### JUNE

This month's quotes are all about "EMPTY NESTERS." Some of us are getting our children ready for college, and we are facing a new and uncharted period of our lives. I hope you will find these quotes inspirational, helpful, funny or even comforting.

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"When a man is forced into early retirement, he is often being 'given up for a younger man.' Being forced into early retirement can be to a man what being 'given up for a younger woman' is for a woman... Why do many men get more upset by retirement than women do from the empty nest when their children leave home? When females retire from children, they can try a career; when a man retires from a career, his children are gone."

—Warren Farrell



"Give the ones you love wings to fly, roots to come back and reasons to stay."

—The Dalai Lama

"You see much more of your children after they leave home."

—Lucille Ball

"When mothers talk about the depression of the empty nest, they're not mourning the passing of all those wet towels on the floor, or the music that numbs your teeth, or even the bottles of capless shampoo dribbling down the shower drain. They're upset because they've gone from supervisor of a child's life to spectator. It's like being the vice president of the United States."

—Erma Bombeck

"The biggest change for me as a mom was realizing I needed to put someone else before me. Now the hardest part about the empty nest is learning to put myself first. I know that I have raised my sons to be big, strong, independent men who love God, themselves and care for others. I have to learn to let them have space and learn without me."

—Kim Alexis



“It is not what you do for your children, but what you have taught them to do for themselves, that will make them successful human beings.”

—Ann Lander

“People make a lot of jokes about the empty nest. Let me tell you, it is no laughing matter. It is really hard.”

—Michelle Pfeiffer

“Home is where somebody notices when you are no longer there.”

—Aleksandar Hemon

“The greatest gifts you can give your children are the roots of responsibility and the wings of independence.”

—Denis Waitly

“Always be nice to your children because they are the ones who will choose your rest home.”

—Phyllis Diller