



## FAVORITE QUOTES

### JANUARY

The quotes for this month are all about “Believing in Yourself.” I hope you find them inspirational.

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“I believe that God has put gifts and talents and ability on the inside of every one of us. When you develop that and you believe in yourself and you believe that you’re a person of influence and a person of purpose, I believe you can rise up out of any situation.”

—Joel Osteen

“Trust yourself. Create the kind of self that you will be happy to live with all your life. Make the most of yourself by fanning the tiny, inner sparks of possibility into flames of achievement.”

—Golda Meir

“Take a leap of faith and begin this wondrous new year by believing . Believe in yourself. And believe that there is a loving Source – a Sower of Dreams – just waiting to be asked to help you make your dreams come true.”

—Sarah Ban Breathnach



“If you hear a voice within you say ‘you cannot paint,’ then by all means paint, and that voice will be silenced.”

—Vincent van Gogh

“Believe in yourself! Have faith in your abilities! Without a humble but reasonable confidence in your own powers you cannot be successful or happy.

—Norman Vincent Peale

“Believe in love. Believe in magic. Hell, believe in Santa Clause. Believe in others. Believe in yourself. Believe in your dreams. If you don’t, who will?”

—Jon Bon Jovi



“Some people say that I have an attitude—Maybe I do. But I think that you have to. You have to believe in yourself when no one else does—that makes you a winner right there.”  
—Venus Williams

“If you believe in yourself anything is possible.”  
—Miley Cyrus

“We all have different things that we go through in our everyday life, and it’s really important to know just at the end of the day, it doesn’t matter what you face, you know, that you’re going to win at the end of the day. You got to believe in yourself. You got to believe in God, know that He’s going to get you through it.”  
—Kelly Rowland



“Pride is holding your head up when everyone around you has theirs bowed. Courage is what makes you do it.”  
—Bryce Courtenay

“I had to grow to love my body. I did not have a good self-image at first. Finally it occurred to me, I’m either going to love me or hate me. And I chose to love myself. Then everything kind of sprung from there. Things that I thought weren’t attractive became sexy. Confidence makes you sexy.”  
—Queen Latifah



“As soon as you trust yourself, you will know how to live.”  
—Johann Wolfgang von Goethe

“To be yourself in a world that is constantly trying to make you something else is the greatest accomplishment.”  
—Ralph Waldo Emerson

“Don’t pretend to be what you’re not, instead, pretend to what you want to be, it is not pretence, it is a journey of self realization.”  
—Michael Bassey Johnson

“Believe in yourself, your abilities and your own potential. Never let self-doubt hold you captive. You are worthy of all that you dream of and hope for.”  
—Roy Bennett



