



## Things to Ponder

- [About the Author](#)
- [Order](#)
- [About the Book](#)
- [Reviews](#)
- [Readers' Comments](#)
- [News & Events](#)
- [A Prayer for the Day](#)
- [Things To Shout Out!](#)
- [Things to Ponder](#)
- [My Favorite Quotes](#)
- [FAQ](#)
- [Contact](#)
- [Home](#)

### A Reflection

---

Dear Parish Family,

Among my many cherished memories are those of hiking, especially in the White Mountains of New Hampshire. When the opportunity arises, I still love to go on a hike in these familiar mountains. At times, I have gone for several days on challenging backpacking adventures. This, however, requires careful preparation and scheduling. Inevitably, once the journey has begun, various obstacles present themselves. Frequently, the anticipated view is obliterated by clouds.

The spiritual journey to God, in which we are all engaged, has often been likened to such a hike. The physical and psychological difficulties encountered can almost act as barriers to progress.

On more than one occasion, I, as a leader of such an expedition, have been tested by my followers, who almost threaten mutiny. 'Trust is precious and tenuous.'

As a new academic year begins in the days ahead, we are challenged to renew our way of thinking. A well-trained mind can help form the heart and influence the will to choose the good; yet, the clouds often hide the goal and test our resolve. We are all encouraged to persevere and to renew our commitment in the same spirit as Peter, who said to Jesus: "Master, to whom shall we go? You have the words of eternal life." (John 6:68.)

Sincerely yours in Christ,

*Rev. Bill Foley*

The Shrine of The Most Blessed Sacrament  
Washington, D.C.

Published with the permission of Rev. William E. Foley, Pastor

Website Technology ©2007 [American Author](#).  
A division of [Cevado Technologies](#). All rights reserved. [Privacy Policy](#)

