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A Cultural Celebration

By Judi Moreo

From December 26 to January 1, many black Americans celebrate a cultural holiday known as *Kwanzaa*. The rituals of this holiday come from the harvest festivals of Africa. These rituals are based on seven important principles: unity, self-determination, collective work and responsibility, cooperative economics, purpose, creativity and faith. Often children will receive gifts or books and symbols of their heritage. Then on New Years Eve, there is a feast with native food, music, recitations and dance. Seems to me like a very good way to celebrate the holidays.

<http://www.judimoreo.com/ezine/archive/2014/0129.html>

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