



## My Favorite Quotes

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- This month's quotes are all about *personal growth and development*. I hope you will find them inspirational and helpful!
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- The way to gain a good reputation is to endeavor to be what you desire to appear.
- Socrates
- Man often becomes what he believes himself to be. If I keep on saying to myself that I cannot do a certain thing, it is possible that I may end by really becoming incapable of doing it. On the contrary, if I have the belief that I can do it, I shall surely acquire the capacity to do it even if I may not have it at the beginning.
- Mahatma Gandhi
- Today is the first day of the rest of your life.
- Anonymous
- There are two mistakes one can make along the road to truth—not going all the way, and not starting.
- Buddha
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- Dream as if you'll live forever. Live as if you'll die today.
- James Dean
- Exert your talents, and distinguish yourself, and don't think of retiring from the world, until the world will be sorry that you retire.
- Samuel Johnson
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- An old man said to his grandson, "Boy, I have two tigers caged within me. One is love and compassion. The other is fear and anger". The young boy asked, "Which one will win, grandfather?" The old man replied, "The one I feed".
- Indian tale

Insist on yourself. Never imitate.

—Ralph Waldo Emerson

It had long since come to my attention that people of accomplishment rarely sat back and let things happen to them. They went out and happened to things.

—Leonardo da Vinci



Fear less, hope more, eat less, chew more, whine less, breathe more, talk less, say more, hate less, love more, and good things will be yours.

—Swedish Proverb

Carefully watch your thoughts, for they become your words. Manage and watch your words, for they will become your actions. Consider and judge your actions, for they have become your habits. Acknowledge and watch your habits, for they shall become your values. Understand and embrace your values, for they become your destiny.

—Mahatma Gandhi

Be not afraid of growing slowly; be afraid only of standing still.

—Chinese Proverb



We should be taught not to wait for inspiration to start a thing. Action always generates inspiration. Inspiration seldom generates action.

—Frank Tibolt

The best rules to form a young man are: to talk little, to hear much, to reflect alone upon what has passed in company, to distrust one's own opinions, and value others that deserve it.

—Sir William Tempel

Don't dwell on what went wrong. Instead, focus on what to do next. Spend your energies on moving forward toward finding the answer.

—Denis Waitley



To conquer oneself is the best and noblest victory; to be vanquished by one's own nature is the worst and most ignoble defeat.

—Plato

The curious paradox is that when I accept myself just as I am, then I can change.

—Carl Rogers

We are what we repeatedly do. Excellence, then, is not an act but a habit.

—Aristotle

You can never solve a problem with the same kind of thinking that created the problem in the first place.

—Albert Einstein

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